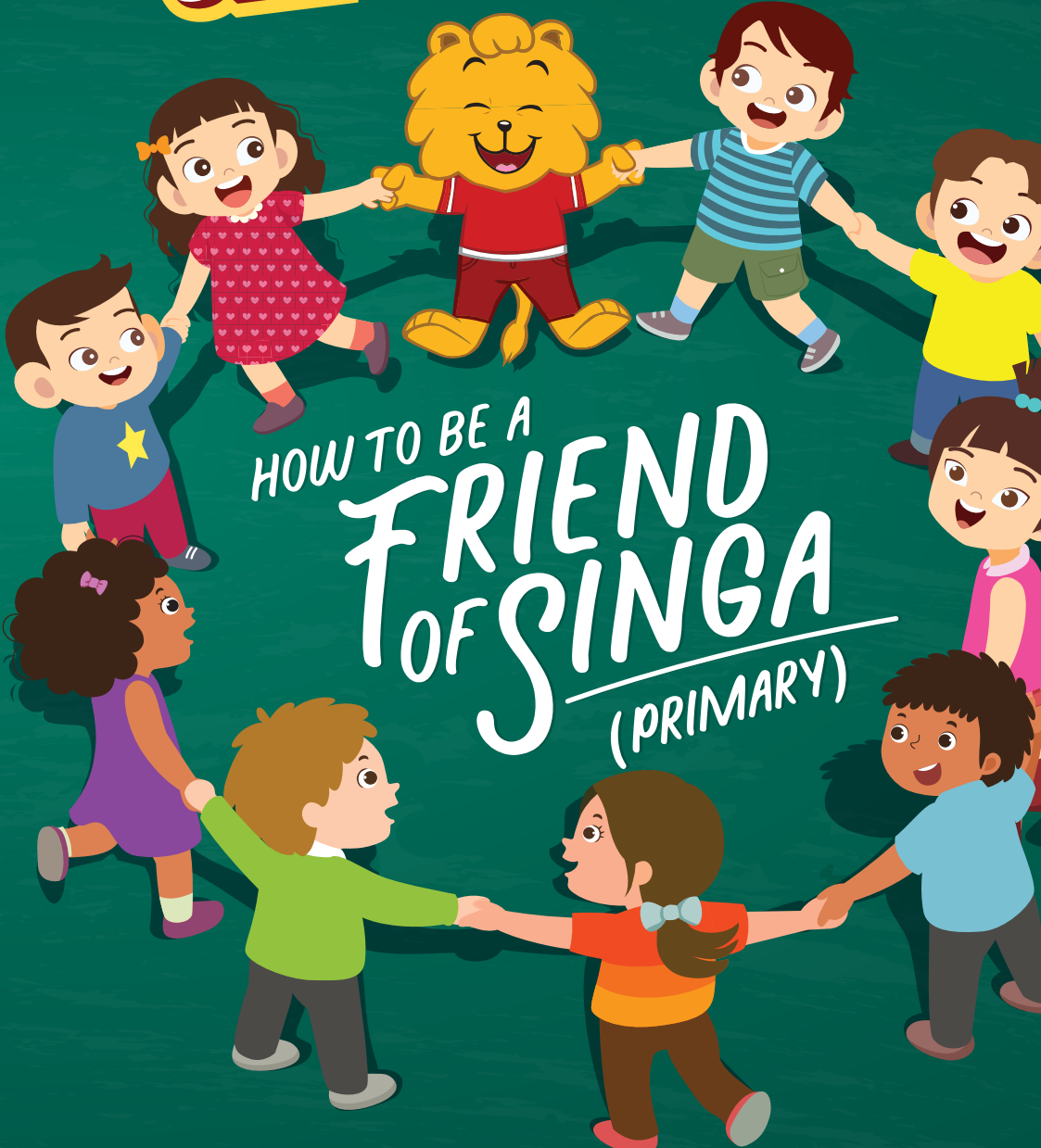


# FRIEND F SINGA

INFOGUIDE



## HOW TO BE A FRIEND OF SINGA (PRIMARY)

# ABOUT FRIEND OF SINGA

The Friend of Singa (FOS) programme began in 1990 with the purpose of cultivating desirable behaviours and values in students.

The 32<sup>nd</sup> edition of FOS seeks to empower students to be active Friend of Singa, extending the little acts of kindness beyond themselves, to their schools, families and communities.

This year, FOS recognition will no longer be based on nominations. Instead, it will be open to all students, giving every student an opportunity to be recognised as a Friend of Singa. Read on to find out how to become one!

# FRIEND OF SINGA



# HOW TO BE A FRIEND OF SINGA

To become a Friend of Singa, students must complete the FOS activities listed in our Kindsville Times and Agents of Kindness (A-OK!) newsletters. These will be delivered to your school on a termly basis.

Curated activities will require students to participate individually, and with their peers and family members. They will cover the following topics:

## Pro-social Themes

- Appreciation
- Social Responsibility
- Mutual Dependence

## Values

- Respect
- Care
- Harmony
- Integrity
- Resilience



## TIMELINE OVERVIEW

**1**  
**REGISTRATION & SETUP**  
(DEC - END FEB)



**2**  
**PARTICIPATION & SUBMISSION**  
(JAN - OCT)



**3**  
**SHARING OF FOS RESOURCES VIA SCHOOL'S PARENTS GATEWAY**  
(JAN - NOV)



**4**  
**CELEBRATION & RECOGNITION**  
(OCT - NOV)



# THE FOS PROGRAMME

1

## REGISTRATION & SETUP

(DEC - END FEB)

- Register your school's interest in taking part at <https://fos.kindness.sg>
- Upon registration, a Kindness Mailbox will be delivered to your school
- Schools will have to allocate a space for the Kindness Mailbox for students to drop off their submissions
- Kindness Mailbox is approximately 120cm (height) x 40cm (diameter)



2

## PARTICIPATION & SUBMISSION

(JAN - OCT)

- Participating schools are to encourage their students to complete the semesteral FOS activities
- Where applicable, teachers may wish to incorporate the FOS activities within their CCE/FTGP lessons
- Upon completion, students are to submit their activity sheets to SKM via the Kindness Mailbox in their school
- SKM will visit your school to collect submissions from the Kindness Mailbox



**3**

## **SHARING OF FOS RESOURCES VIA SCHOOL'S PARENTS GATEWAY**

(JAN - NOV)

- Schools assist in sharing FOS resources with parents, to encourage home engagement during Family Time



**4**

## **CELEBRATION & RECOGNITION**

(OCT - NOV)

- Students who completed all FOS activities will be awarded with a Friend of Singa badge and certificate (badges and certificates will be delivered to individual schools)
- Participating schools will be recognised as a Friend of Singa School upon achieving the minimum participation requirement of 25% of the school's population
- Recognition will be based on the number of years of sustained participation in the programme and will be awarded at SKM's annual Kindness Awards Ceremony in November

SKM hopes that by giving students such recognition, we will encourage them to take greater ownership and make a difference with kindness.









Visit us @ [fos.kindness.sg](https://fos.kindness.sg)  
[www.kindness.sg/friend-of-singa](https://www.kindness.sg/friend-of-singa)